



Yoga Program's Recommended Course Sequence 2020 -21 Catalog Year

The following is a suggested one-semester course sequence recommended by the department faculty. **Therefore, this program can be completed in either the Fall or Spring semesters (or in multiple semesters, including Fall, Spring, and Summer semesters).** Note that pre-requisites for courses are not included in this plan, and it is always advisable to meet with a counselor to ensure you are meeting all current requirements.

Certificate of Achievement – Yoga Teacher

One Semester

Fall Term			Units	Spring Term			Units
EXSC 145(A-D)	Yoga I-IV		2.0	EXSC 145(A-D)	Yoga I-IV		1.0
	<i>*Two Courses- A,B,C and/or D</i>				<i>*Two Courses- A,B,C and/or D</i>		
EXSC 293A	Yoga Teacher Training Integration		3.0	EXSC 293A	Yoga Teacher Training Integration		3.0
EXSC 293B	Yoga Teacher Training Implementation		3.0	EXSC 293B	Yoga Teacher Training Implementation		3.0
EXSC 270	Exercise Science Internship/Work Experience		1-4.0	EXSC 270	Exercise Science Internship/Work Experience		1-4.0
<u>BUSE</u>				<u>BUSE</u>			
	Please select only one BUSE course, below:				Please select only one BUSE course, below:		
BUSE 129	Introduction to Entrepreneurship		3.0	BUSE 129	Introduction to Entrepreneurship		3.0
BUSE 155	Managing the Small Business		3.0	BUSE 155	Managing the Small Business		3.0
BUSE 157	Developing a Plan for the Small Business		3.0	BUSE 157	Developing a Plan for the Small Business		3.0
	<i>Total Units</i>		12-15		<i>Total Units</i>		12-15